



The SANSKAAR Post

Greetings Everyone!

The festival of lights has just knocked at our doors, and the air is suffused with the spirit of celebration. To make our festivities even more joyous, and commemorate new beginnings, The Sanskaar Valley School is proud to bring before you, the first edition of our online newsletter, **The SANSKAAR Post**, which is an endeavour by us to stay connected with parents, share the innumerable accomplishments of our supremely talented students, and give them a platform to showcase their creativity and aptitude.

On behalf of the entire TSVS family, we wish everyone a very Happy Diwali, and pray that this auspicious day is the harbinger of health, prosperity, fresh hopes and new dreams.

ONGOING AND UPCOMING EVENTS

The Sanskaar Techfest 6.0

2nd November to 20th November

The Annual Founders Day

4th December

INVESTITURE CEREMONY 2020

"A leader is someone who knows the way, goes the way and shows the way."



Since the year of its inception, our school has advocated the significance of having a robust Student Council, which provides a platform for students to inculcate strong leadership and collaborative skills. And now more than ever, we need innovative students who will lead, inspire, motivate, and guide our student body. Having an empowered, determined and passionate Student Council has acquired a renewed sense of responsibility and importance in today's critical times. With this thought in mind, on 6th November, Sanskaarians witnessed



the Investiture Ceremony of 2020. Like every year, capable and deserving students were nominated for the prestigious posts. The council of 2020-21 is led by Kushagra Sharma, Head Boy and Lavanya Shrivastava, Head Girl of the School. With the determination to translate their vision into reality by upholding the school's honour & dignity,

the Student Council of 2020-21 took oath at the Investiture Ceremony. With their value system tied to the past and eyes firmly set on the future, the newly elected council are resolved to don the mantle and discharge the responsibilities entrusted upon them.

We wish the new Council all the best for the coming year!

Sanskaar Virtual Fest



ADITI SHARMA (VIII-D)



SIDAK SINGH GOROWARA (VII-D)



SWASTIKA RAGHUWANSHI (VII-F)



DEEPANWITA MOOLCHANDANI (VI-A)



DIA AMBIG (VI-A)



SUHANI SIMHAL (VIII-I)



AARAV SHARMA (VI-F)



MILENNA EMMANUEL (VIII-A)



MANYA CHAWLA (VIII-C)



KINJAL ARYA (VIII-A)

More than 350 students participated in the various sporting events, and the cultural and literary activities witnessed an involvement of over 300 students.

As a school that firmly believes in the importance of co-curricular and sports activities for the holistic development of a child, and aims at providing each child with the opportunity to discover and express their innate talents, The Sanskaar Valley School organized a virtual Sports and Cultural fest, for the students of Grades VI-VIII, culminating into an awards evening on 16th and 17th October.

Students showcased their physical prowess and strength through a series of innovative sports challenges, exhibited their flair for dancing

through beautifully choreographed Kathak, Bharatnatyam and Odissi performances, and displayed their dramatics talent powerfully with the use of creative props.

A medley of cultural, literary and sporting events were streamed on Zoom for the parent and student community where video snippets of all the participants as well as the winners in the different categories were shown. The enthusiasm and energy of the students ensured that the event was a huge success, along with being a truly unique and wonderful experience for everyone.

Remembering Mahatma Gandhi

Our students celebrated Gandhi Jayanti by remembering their beloved Bapu and his three wise monkeys, and paid a tribute to the Father of our Nation by making Gandhi's charkha.



ABHEESHT KHARE, Neev I-D



NAMAAH SHARMA, Nirmaan B



NAYRA JETHWANI, Neev I-E



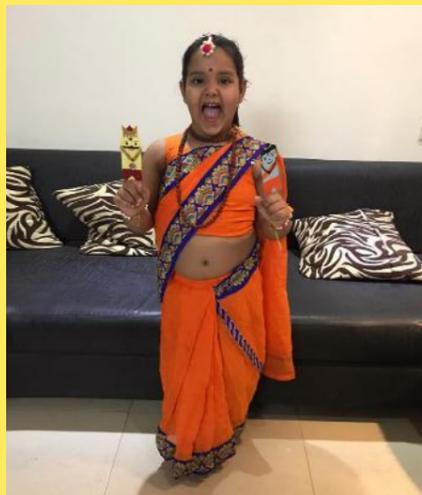
SHAURYAVEER SINGH RAJPUT, Neev II-B

Virtual Dussehra Celebration

Children of Aadhar celebrated Dussehra virtually by playing an interactive game using puppets of Lord Ram and Ravana, to signify the victory of good over evil.



YAHVI SHIVNANI, Nirmaan-F



PREESHA BANSAL, Neev II-D



AARNA, Neev II-D



ADVIKA KHANDELWAL, Nirmaan-A

Joy of Giving

Students of Neev 2 discovered the Joy of Giving through an activity called "My Giving Hand" and also revised the concept of blends in doing so.

Aarambh students learnt about the importance of Doctors and Nurses, our brave warriors in this fight against Covid 19.

It was Show and Tell time for children of Nirmaan, where they discussed the various uses of animals.



AVNI KAUR BHANDARI, Nirmaan A

IVANA JAIN, Nirmaan A



Neev II-B
YASHIKA SENGAR, KABEER KATARIA



Neev II-D
AHANA MALHOTRA, VEER JAIN, SWARA VATS



IRYA JHAKERIA, Aarambh A



AYAAN MALIK, Aarambh A

Our School students competed in an **Inter School Online Competition Emergence Series 6 (2020-21)** hosted by **DAV Public School Delhi**, and brought us multiple accolades.

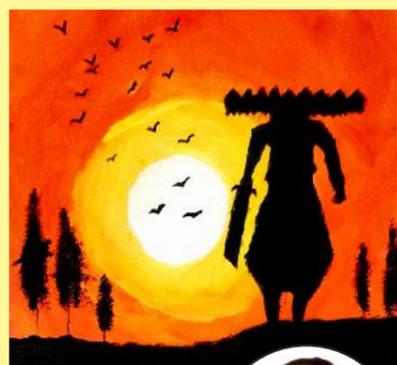
ABHIVEER HARKAWAT, (IV-E) secured 1st position in the Fireless Cooking Competition: Health Line.



NAIVEDYA AGRAWAL, (III-B) secured 2nd position in the Fireless Cooking Competition: Health Line.



AADYA AHUJA, (V-F) secured 1st position in the event 'Newsroom'. **Congratulation Sanskaarians! We are proud of you.**



IBRAHIM UL-LAH KHAN, (III-E) brought accolades to the school by winning the 3rd prize in the International Art Exhibition Cum Painting Competition organized by Art for Cause.



We are proud to share that **TANISHA LAHOTI**, (IV-A) secured the 3rd position in an Online Speaking Challenge, organized by the Melio group.



JAYANT KISHNANI, (IV-B) made us proud by securing the 1st position in the 'Online Speed Math Challenge #3' organized by the Melio Group.



Naivedya Agrawal (III-B) made us proud by securing the 1st Position in an Online competition '**MISAESTHETICS Junior TV Anchor**' conducted by 'KidzByte'. He delivered a speech on the topic 'My Hobbies and its Benefits'.



To honour and mark the importance of India's 11th President: APJ Abdul Kalam, the United Nations declared his birthday on 15th October to be celebrated as **World Students Day**. The students celebrated the day by paying a tribute to the Missile Man of India.

Dussehra Celebration



DUSHYANT SINGH, (III-F)



SHARVIL BANSAL, (II-C)



JAYATE SIKARIA, (III-D)



SHAURYA BHARGAVA, (II-D)

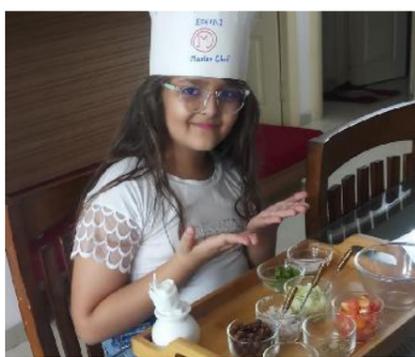


ARUSH SHEKAWAR, (II-E)

Our students enthusiastically celebrated Dussehra by promising to give up one bad habit to symbolize the victory of good over evil. Dressed festively in vibrant clothes, the students also got the opportunity to showcase their art pieces.

Cooking Activity

Cooking with children involves harnessing your imagination and creativity, while building on skills like time management. **A Fireless cooking activity was conducted for Grades II-V**, where students participated enthusiastically and prepared lip smacking dishes, while paying special attention to the nutritious values of the meals prepared by them.



ESHANI JAIN, (IV-E)



JEEVISHA JAIN, (II-C)



GANIKA SAHNI, (IV-D)



RUDRA RAKSHIT SHASHTRI, (II-A)

INTERNATIONAL DAY FOR Disaster Reduction

LAKSYA PRATAP SINGH, (II-C)



MANVI GUPTA, (IV-F)



ARHAM JAIN, (IV-F)



Students of Grades II-V celebrated the International Day for Disaster Reduction by brainstorming and discussing ideas which will contribute towards building a sustainable world in the future, and the efforts which should be made towards building resilience to disaster.



We are extremely proud to announce that our student **ISHMEET WADHWA**, (VIII-C) bagged an internship as a **Chief Graphic Officer** in The Tale of Humankind Youth Summit 2020. We are delighted for Ishmeet and wish him success in all his future endeavours.



AARUSH MANYALA, (VIII-A) made us proud by participating in the **Effusion Techesta-2020** organized by DAV Public School Sreshtha Vihar, Delhi, and securing the 1st position in the Craft O- Mine event. He created an award winning Minecraft build on the topic- "Post Pandemic World".



PARKHI GARG, (VII-D) was awarded a certificate of achievement for being amongst the top 10 winning projects made using **Adobe Spark Post** participating in the **Virtual Creativity Contest** on the theme "Digital Citizenship Pledge". We are proud of her achievements.

Art Competition



DIYA AMBIG'S, (VI-A) beautiful painting was selected for the semi-final round of the **Annual Art Competition** held by Chittagong Grammar School, Bangladesh. We are proud of the wonderful and relevant piece of art she produced.

Cultural Festival



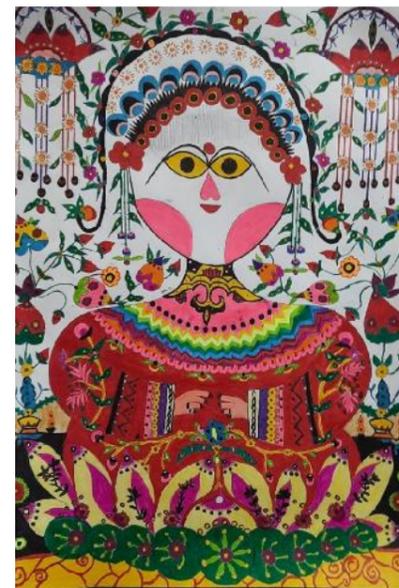
GURVANSH SINGH RAJPAL, (VIII-E) created a thought-provoking caricature as his entry for the **All India Inter Public Schools Cultural Festival of Art, Music, Dance and Literary Skills** organized by Vidya Devi Jindal School, Hisar. His artwork truthfully reflects the constantly changing reality of current times.

Folk Art Around the World

Our students made us proud by participating in an **Art Competition** organized by **KC Public School, Jammu**, and creating wonderful paintings. The theme of the competition was "Folk Art Around the World"



KARNIKA VERMA (VII-B)



DHAIRYA GUPTA (VI-B)



GURVANSH SINGH RAJPAL (VIII-E)



HARSHITA SABDHANI
(X-B)



TILAK SHARMA
(XII-S)

14 अक्टूबर, 2020

वेलम गर्ल्स स्कूल, देहरादून द्वारा आयोजित

सुश्री लिनेल स्मृति अंतर्विद्यालयीन ऑनलाइन हिंदी वाद-विवाद प्रतियोगिता

के अहर्ता और अंतिम निर्णायक चक्र में संस्कार वैली की टीम ने अपनी महत्वपूर्ण सहभागिता और उपस्थिति दर्ज की। **हर्षिता सबधानी** ने श्रेष्ठ प्रश्नकर्ता का खिताब अहर्ता-चक्र में हासिल किया तो अंतिम चरण में विषय के विपक्ष में अपना मत रख द्वितीय स्थान प्राप्त किया।

तिलक शर्मा ने विषय के विपक्ष में अपना वक्तव्य प्रस्तुत कर सर्वश्रेष्ठ वक्ता का खिताब जीता। संस्कार वैली भोपाल और वेलम गर्ल्स स्कूल, देहरादून को संयुक्त रूप से प्रथम विजेता घोषित किया गया।



KUSHAGRA SHARMA
(XI-H)

TSVS is proud to announce that our students Kushagra Sharma, Tilak Sharma and Koustubh Persai participated in the

Kamla Jivan Hindi Inter School Debate

held at The Doon School and overcame stiff competition to emerge as champions. Kushagra Sharma was declared the Best Speaker of the competition.



KAUSHAL SINGH
(XI-H)



MRITTIKA MITRA
(X-B)

Our students Kaushal Singh and Mrittika Mitra bagged awards at the

Miss Saroj Srivastava Inter School English Debate 2020 competition,

hosted by Welham Girls School on 13th and 14th of October 2020

and brought accolades to the school. Kaushal Singh was awarded the 2nd Best Speaker position, and Mrittika Mitra secured the 2nd Best Interlocutor award.



Our students participated in- **Consonance 2020** an online interschool solo singing competition hosted by Gopalan National School, Bangalore on 27th August 2020 and brought us accolades. **RAHIL SANJEEV** (X-F) secured the 1st position in the final round overcoming tough competition from 10 finalists at an all India level.

Sports and Cultural fest

The Sanskaar Valley School organized an **online Sports and Cultural fest** for the students of Grades IX-XII from 5th-15th September.

Students participated in various sporting and cultural events like running, cycling, dramatics, choreography, poetry, as well as challenges like maximum push-ups and sit-ups in a minute. A medley of events was streamed on the Zoom platform for the parent and student community where video snippets of all the participants as well as the winners in the different categories were shown.



ARABAB KHAN, (X-A)



KUSHAGRA SHARMA (XI-H)



VISHRUT MISHRA, (X-E)



OLI MUKHERJEE, (X-C)



YASHIKA MANSHANI, (X-C)



BHAVYA SUBRAMANI (X-E), MITALI GUPTA (X-F), PRITHUL PRASAD (X-D), ANSHUMAN SABAT (X-E), RAHIL SANJEEV (X-F), SHAURYA PABRA (X-C)



APRATIM BHARDWAJ, (X-E)

THE WORDSWORTHERS

Summer reminisces

Summers under the vast tree
On it's branches the birds would sing
Hand fan close by
On a continuous swing.

The charpoy was heaven
Blew the warm breeze
Rustling of leaves
The gurgling nearby stream

Cold water from mud pots
nothing less than holy water
Distant shouts of the village kids
playing in the sweltering heat.

Squinting at the burning sun
As sweat beaded my face
Then chuckling at the buffaloes
the mud at a wallowing pace

By the stream
Catching fish
In and out of the pool
Keeping an eye on the spool

Melting tar
Mirrors the image
Thirsty 'Kawars'
Soul pilgrimage

ANJALI RAGHAVE, (XI-H)

Mikrokosmos



"To each to his own",
She smiled and said,
Closing her eyes to sigh,
She felt the stars press against her lids,
So beautiful, she might just cry.

In a world of darkness and sorrow,
She longs to see the light
She yearns to birth a world of her own,
A whole universe, she might.
To pick up a paintbrush,
And paint new galaxies of her own,
As each person can delve into their
own world –
A suit, perfectly tailored to fit,
All the dreams, and hopes, and stars,
A young mind could ever grasp.
And now,
as the world aims to come together,
She longs to drift apart.
She opened her eyes
To a dazzling sight, the very next day.
"To each to his own, indeed!"

She cheered,
tears fighting to make way.
Floating in her world,
so happy was she,
In Mikrokosmos –
her own small universe,
Where she always wanted to be.

SHATAKSHI TYAGI, (XII-AS)

The Art Connoisseurs



BHAVYA JAIN, (IV-F)



SIYA SHARMA, (VIII-A)



SAMAIRA UPPAL, (VI-I)

THE SANSKAAR SCHOLAR- RIGHT TO WRITE

INDEPENDENCE... The unexplored form of meditation

There are certain stages in life which everyone knows about, what we don't realise is that we are dependent on someone during most of them. Till we graduate, we depend on our parents, if you're in a boarding school you still depend on someone to get you food and your parents to pay your fee. We also become dependent when we cross a certain age and our hair takes a certain silver shade, we depend economically, medically and in many more ways.

There are only a few years when you are the only one to take care of yourself, stand alone and be independent; that is the time you grow. Yet, there are some less fortunate ones who cannot stand alone and suffice their own needs, they depend all their life-by force; George Bernard Shaw very rightly said, "Liberty is responsibility, that's why most men dread it."



Even if you are one of the more fortunate ones, who has the capabilities of taking care of yourself, why do you want to have someone to always be there to hold your hand and walk you through the game we call life? Why do you feel like you need someone and that you are not enough? Why do you feel weak? And if you are one of the more trusted individuals whom people depend on, why do you exploit their dependency?

Our country fought for 200 years to finally be free and liberal, but today we willfully depend on someone else. Liberty is scary, but having it for a few golden years is having total control of everything, the longing that many of us have. Liberty is the phenomenon which really helps in finding one's true self. Liberty is meditation, it helps you learn; it helps you grow.

NIKITA IDNANI, (IX-IG)

BOOKS YOU CANNOT MISS!

BOOKAHOLICS CORNER

NIKITA IDNANI, (IX-IG)

Are you a bookworm who has read and re-read their home library, yet is still thirsty for more words to let your imagination soar with stories that blow you away? Fear not! This list is your bible to books!

1 **KINGDOM OF BACK :**
by Marie Lu

In her first work of historical fiction, #1 New York Times bestselling author Marie Lu spins a lush, lyrically told story of music, magic, and the unbreakable bond between a brother and sister.



2 **INFLUENCE :**
by Sara Shephard

Get ready to delve into the world of teen influencers like you've never done before from the #1 New York Times bestselling author of PRETTY LITTLE LIARS Sara Shepard and sixteen-year-old actress and social media personality Lilia Buckingham comes a twisty mystery that takes place in the fiercely competitive world of Internet stars.



3 **A PHOENIX FIRST MUST BURN :**
by Patrice Caldwell

Filled with stories of love and betrayal, strength and resistance, this collection contains an array of complex and true-to-life characters in which you cannot help but see yourself reflected. Witches and scientists, sisters and lovers, priestesses and rebels: the heroines of A Phoenix First Must Burn shine brightly. You will never forget them.

4 **ONE OF US IS NEXT :**
by Karen M. Manus

There's a new mystery to solve at Bayview High, and there's a whole new set of rules. This book is a rollercoaster that scares you, surprises you, yet, you do not want to let go.

YOU'VE GROWN UP...

TANAYA SONI, (XII-AS)

And along the way we don't know who we are or what we've become. But we know one thing for sure, we're pretending in a word full of pretenders. We're lying to the liars.

The little strokes of sunshine that we all were, too identical to separate the weak and bright are these hues of colors we ourselves can't comprehend. We show off these different types of colors, just trying to prove each one's is better.

That cliché crying behind closed doors to wearing the best of smiles when you say goodbye, to feeling that you're alright or giving that shy smile at the pointless promises we know deep weren't supposed to be made.

We're the same December snow-white and pure, completely indistinguishable as it covers it all in melancholy and glee. Bitter and sweet.

We're the same dried leaves of autumn caressed by nothing but the wind, abandoned by its shelter itself.

We're like letters to the dyslexic, too confused to be understood. We're trying to be everything at once by forgetting what is

ours. We're running after the trains and planes and cars and undesirable pathways walked by our closed ones just to see their last glimpse as the sun sets for this friendship.

We're trying to forget and willing to be remembered.

Truth is, we're all the messed up stars in constellations that make no sense and yet match up to be heavenly. Their blind strokes of connection represent our sense of relationships. And even when they're joined carelessly apart in the sky, they manage to stay up for the late sleepers who look out for them. They twinkle blinking light, which never touches the ground, all high at separate cloud 9's.

Truth is we've grown up, there's no turning back.

